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## **DILATING EYE DROPS**

C4 Sightcare  
OPTOMETRISTS

We have used Tropicamide 0.5 % / 1.0 % Eye Drops during your consultation today. These cause the pupil of the eye to dilate larger than normal and hence allow a clearer and more detailed view of the back of the eye.

The drops take 15 – 30 minutes to take effect and usually 3-6 hours to wear off. However, they can last longer than this. During this period the pupil of the eye will not react to light as normal and so you may experience increased sensitivity to light and your vision may be blurry especially for near objects.

It is generally recommended that driving and tasks that need detailed vision are avoided until the effects have worn off.

In the unlikely event that you experience any unusual symptoms such as a red painful eye please contact us or seek medical advice.

Please take this leaflet with you.

## Contact Numbers:

C4 Sightcare  
Morpeth 01670 518612

C4 Sightcare  
Newcastle 0191 2321002

Eye Casualty Royal  
Victoria Infirmary  
Claremont Wing  
Newcastle 0191 2336161

Sunderland Eye Infirmary  
Sunderland 0191 5283616

NHS Direct (24 Hours) 0845 4647

[www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)